

# 各功效疗程 组合推荐

## Program for Individual Purpose: Proposal of Combination

JMHC不仅可以为您提供冲绳的健康&医疗服务，同时还接受琉球大学 荒川教授（医学博士）的监修，科学地开发出了全新的健康&医疗服务疗程。

我们将事先设定明确的目标，并根据顾客、患者的不同情况提供有针对性的服务。

JMHC has developed a new, scientifically based health and medical service program under the supervision of Professor Arakawa (Ph.D) of Ryukyu University, along with picking up health and medical services in Okinawa. Our goal is the provision of services optimized to our guest or patient needs by clarifying the targets.

针对人群：中年人、老年人

**瘦身人士、肥胖人士、代谢综合征患者**

此健康套餐，是通过健康检查，详细掌握自身的健康状况，以此促使注意自己身体的健康。同时，一边通过进行海洋疗法和享受冲绳特有的健康美食，一边也是养成健康习惯的绝好契机。

Target Image: Middle-aged and elderly persons

**Dieting, obesity, elimination of metabolic syndrome**

A health program that can offer an opportunity for health practice where participants enjoy Ocean Therapy and delicious, healthy food that only Okinawa can offer while promoting health awareness via medical examinations, which recognize detailed health condition.



医疗机构  
Medical institution



Thalassotherapy  
**Kanna Thalasso Okinawa**  
(海洋健身疗法／定制项目)  
(Thalasso fitness／Customized program)  
  
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EM Diet  
**EM wellness resort Costa Vista Okinawa hotel&spa**  
(冲绳自产自消食品)  
(Local production for local consumption of OKINAWA)  
  
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Health Salon  
**Gukuru nu mui**  
(血糖值咖啡店)  
(Blood sugar café)  
  
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针对人群：女性、中老年人

**有抗衰老、排毒、美容需要的人士**

此健康套餐，是通过健康检查，详细掌握自身的健康状况，以此来注意健康方面。同时，通过进行冲绳特有的温热疗法和美容疗法，达到抗衰老目的。

Target Image: Women, middle-aged and elderly persons

**Anti-aging, detoxification, beauty**

A health program that provides anti-aging skin care via thermotherapy and aesthetic treatments unique to Okinawa while promoting health awareness via medical examinations, which provide detailed health data.



医疗机构  
Medical institution



Hyperthermia  
**Uruma Life Care Clinic**  
(琉球温热疗法)  
(Ryukyu-style thermo therapy)  
  
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Vitamin Therapy  
**Uruma Life Care Clinic**  
(胎盘素・维他命C点滴疗法)  
(Placenta, Vitamin C infusion therapy)  
  
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针对人群：女性、中老年人

**需要身心治愈、消除压力、有心理健康之虞的人士**

此健康套餐，是通过健康检查，详细掌握自身的健康状况，以此来注意健康方面。同时，通过在水中体验WATSU、高级美容护理，给予身心温暖和消除精神压力，使这两方面都达到效果。

Target Image: Women, middle-aged and elderly persons

**Relaxation, stress release, mental wellness**

A health program that aims to provide synergy between relaxation and stress relief via WATSU, a relaxing experience in water, and spa treatments while promoting health awareness via medical examinations, which provide detailed health data.



医疗机构  
Medical institution



Mental Therapy  
**Okinawa Watsu Center**  
(WATSU 精神康复)  
(Watsu for mental recovery)  
  
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Spa Therapy  
**EM wellness resort Costa Vista Okinawa hotel&spa**  
(EM水疗护理)  
(EM Spa treatments)  
  
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针对人群：老年人、运动员、需要康复医疗的患者

**需要接受康复疗程、调理的人士**

此健康套餐，是通过健康检查，详细掌握自身的健康状况，通过进行海洋疗法和海豚疗法，来调整自身状态从而达到康复理疗的目的。

Target Image: Elderly persons, athletes, rehabilitation patients

**Rehabilitation, conditioning**


A health program that aims to provide an understanding of one's own health via medical examinations and promote the maintenance of one's own health or rehabilitation via Ocean Therapy and Dolphin therapy.




冲绳康复医疗  
中心医院  
Okinawa Rehabilitation  
Center Hospital



Thalassotherapy  
**Kanna Thalasso Okinawa**  
(海洋疗法／定制项目)  
(Thalasso rehabilitation／Customized program)  
  
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Dolphin Therapy  
**Motobu Genki Mura**  
(Wellness Village Motobu)  
(海豚疗法)  
(Dolphin therapy)  
  
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针对人群：女性、企业

**享受高档奢侈服务、需要 VIP 激励的人士**

冲绳Wellness SPA的Beauty 套餐，是加上确认人体美为基础的健康检查，由专职治疗师担任。根据每位贵宾的体质和身体情况以及逗留日数，来定制私人套餐。

Target Image: Women, companies

**Highly luxurious, VIP incentive**


In addition to medical examinations to check the overall physical condition that constitutes the basis for beauty, this course provides a program based on counseling by a dedicated therapist. This is a beauty course tailored to each customer, which includes OKINAWA wellness spa treatments and is conducted while giving due consideration to the constitution, physical condition, and the length of stay of each customer.




医疗机构  
Medical institution



VIP  
**The Busena Terrace**  
(定制项目)  
(Customized program)  
  
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VIP  
**The Busena Terrace**  
(水疗护理)  
(Spa treatments)  
  
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